

Job Title: Outpatient Therapist

Location: Jubilee Integrated Wellness, PLLC – Hillsborough, NC

Schedule: Flexible

Reports To: Business Owner

About Us

Jubilee is a pioneering mental health facility that offers individual therapy, an Intensive Outpatient Program (IOP), and medication management with a focus on holistic care, evidence-based practices, mindfulness, and nature-based therapy. Our approach integrates traditional therapeutic methods with innovative, nature-centered therapies to promote mental, emotional, and spiritual well-being.

What We Value

- Community: “No one is healed in isolation.” —Bell Hooks
- Presence: “Be here now.” —Ram Dass
- Ecology: The Earth is our teacher.
- Balance: We honor the quiet and hold space for it.
- Radical honesty: We are truth-tellers.

Job Description

We seek a highly skilled and compassionate therapist to provide group and individual clinical services in the outpatient setting. The ideal candidate will have extensive experience in mental health treatment, a passion for holistic care, and a strong background in both evidence-based practices and nature-based therapy. As a Jubilee Therapist, you will play a crucial role in providing exceptional care for our clients.

This is a full-time position. Therapists may also see individual clients via telehealth or in person (hybrid) but are expected to have at least one in-person day per week. Therapists are expected to see a case load of at least 20 clients per week, with time given to build to that capacity.

Key Responsibilities

- Provide individual therapy to clients seeking care at Jubilee. Groups may also be offered if this is the therapist’s preference.
- Develop and oversee the implementation of treatment plans that stem from clear case conceptualization and incorporate holistic care principles and evidence-based practices.
- Conduct individual and group therapy sessions, integrating approaches such as Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Attachment Theory, and mindfulness.
- Collaborate with other healthcare providers and stakeholders to ensure comprehensive care for clients.
- Monitor and evaluate treatment outcomes, making adjustments to therapy programs as needed.
- Stay current with research and developments in mental health, holistic care, and nature-based therapy.
- Ensure compliance with all legal, ethical, and professional standards.
- Hold the Jubilee culture—we are warm and welcoming, present, honest, passionate about the work and ecologically oriented. We believe in every client and hold hope for them to heal and be healed.
- Have flexibility in schedule to cover IOP groups when other providers are out.
- Complete documentation for all services in a timely manner.

Qualifications

- Master's or doctoral degree in psychology, social work, counseling, or a related field.
- Valid state licensure as a mental health professional (e.g., LCSW, LPC, LMFT, Psychologist, PsyD, etc.).
- Excellent communication, leadership, and interpersonal skills.
- Commitment to ongoing professional development and education.

Benefits

- Competitive salary package
- Up to \$1000 reimbursement for CE training
- Opportunities for professional growth and development

This is a 1099 position.

This job is contingent upon:

- (a) Verification of your right to work in the United States, as demonstrated by your completion of the Form I-9 upon hire and your submission of acceptable documentation (as noted on the Form I-9) verifying your identity and work authorization within three days of starting employment. For your convenience, a copy of the Form I-9 List of Acceptable Documents is enclosed for your review.
- (b) Satisfactory completion of a background investigation, for which the required notice and consent forms are enclosed.